

Curriculum Vitale Lucia Babina

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Lucia Babina is an intuitive coach for individuals and communities, a meditation mentor, an artist, and a social designer. She specialises in creating spaces of care and crafting transformative technologies, rooted in her artistic and spiritual background. Her work is centered on fostering collective visions and projects, while developing meditations, rituals and practices, all with the aim of contributing to the evolution of humanity and the well-being of the planet.

LANGUAGES

Italian, English, French, Spanish (fluent) / Dutch (beginner)

EDUCATION

2023 Hypnosis: Advanced Storytelling Mastery - Scott Jansen for Udemey

2023 Phénoménologie de la Liberation - Buddha University

2020-2022 Yoga Degrees - Isha Foundation:

- Inner Engineering
- Inner Engineering Completion
- Bhuta Shuddi
- Angamardana

2020-2021 Tensegrity - Tensegrity Bologna

2020 Lucid Dreaming - Charlie Morley

2018 Celestial Herbalism - Arjun Das with The Shift Network

2010-2017 Unitary Science Degrees - Institute of the Unitary Science:

- Prescience
- Iniscience
- Inner Adventure
- Cosmic Connection
- Energy Management
- Initiatory Journey
- From Earthling to Galactic Being
- Perceiving your Energetic Bodies
- Contact with Other Dimensions
- The 12 Facets of a Woman
- The 12 Planes, levels I-II-III-IV

2003-2004 Masters International Cultural Management - University of Genova

2002-2003 Reiki 3 Levels - Reiki Master Luca Riguzzi

1989-1996 Degree in Modern Arts - University of Bologna

WORK EXPERIENCE

2023-onward Founder and creator of Right to the Soul Podcast - Spotify

2022-onward Creator of HOTLINE for Cultural Workers - Self-employed

2020-2021 Circle of Co-n-Science - Independent Project

2019-onward Teacher of Prescience Education Program - Institute of the Unitary Science

2018-onward Teacher and Creator of Courses, Meditations, Talks, Poems - Insight Timer

2010-onward Community and Spiritual Work - Institute of the Unitary Science:

- Active Participation in Operational Group and Individual Meetings
- Channeling Sessions
- Community Work
- Community Life
- Contribution to Community Energetic Projects

2005-onward Artist and Activist for Social and Spatial Transformation - Independent Artist and Artist Collectives